



ASA/UKCC Level 2 Certificate for Coaching Swimming

Course Information Sheet

Description

This qualification is aimed at those interested in working with swimmers in a competitive swimming environment. It is recognised as a UKCC Level 2 qualification and is on the QCF at Level 2.

Role

Once qualified the holder of the Level 2 Certificate for Coaching Swimming is able to plan, deliver and evaluate a series of five consecutive sessions within the context of a macro cycle prepared by a senior/licensed coach.

With regards to Coaching (Diving, Swimming, Synchronised Swimming and Water Polo) the holder of the Level 2 Certificate will be able to plan, deliver and evaluate a series of six consecutive sessions within the context of a macro cycle prepared by a senior/licensed coach.

Syllabus

This certificate consists of 8 units. Units 201-204 are common to all aquatic disciplines focussing on core coaching/teaching skills and knowledge. Units 205-208 are specific to teaching aquatics focussing on technical knowledge and practical skills.

- **Unit 201** – Understanding the FUNdamentals of teaching/coaching sport
- **Unit 202** – Understanding how to develop participants through teaching/coaching
- **Unit 203** – Supporting participants lifestyle through coaching/teaching sport
- **Unit 204** – Understanding the principles of safe and equitable coaching/teaching practice
- **Unit 205** – Plan a series of swimming coaching sessions
- **Unit 206** – Preparing the swimming coaching environment
- **Unit 207** – Deliver a series of swimming coaching sessions
- **Unit 208** – Monitor and evaluate swimming coaching sessions

Units can either be taken separately or at the same course. Units 201-204 must be completed prior to progressing to units 205-208.

All coaching sessions are required to take place at a Swim 21 accredited club or club working towards Swim 21.

Pre-requisites

- Candidates must be at least 17 years of age at the start of the course.
- Hold either:
 - ASA/UKCC Level 1 Certificate for Coaching Swimming
 - ASA Level 1 Certificate for Teaching Swimming
 - ASA Assistant Teachers Certificate
- **Note** – If you hold the ASA/UKCC Level 2 Certificate for Teaching Aquatics then only units 205 -208 need to be completed

Recognition of Prior Learning

All of The ASA/UKCC qualifications allow candidates to present evidence of learning either formal or informal that has taken place prior to the course for consideration against the course learning outcomes. Candidates will be asked to complete a questionnaire prior to the course to help identify any areas of prior learning and help the tutor to tailor the course to individual candidates.



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Assessment

- All units are assessed by the tutor/assessor
- Assessment methods are determined by tutor/assessor in conjunction with the candidate
- Completion of an assessment portfolio to meet the Learning Outcomes of the qualification

For further information and course details contact:

Sally Baldwin
(020) 8429 3905
enquiry@surviveandsave-training.org