



Emergency First Aid at Work Course Information Sheet

Description

The new HSE approved qualification comes into effect as from 1 October 2009, along with new guidance on assessing the needs of First Aid in your workplace.

This course is ideal for workplaces presenting low or few health and safety risks and your assessment of first aid needs identifies that sufficient cover is provided without the need for additional First Aiders

Duration

- A minimum of 6 hours of practical and theoretical activities

Syllabus

This 1-day first aid course covers:

- Responsibilities and reporting
- Assessment of the situation
- Basic hygiene in First Aid
- Dealing with an unresponsive casualty
- Resuscitation
- Heart attacks and Angina
- Bleeding Control
- Choking
- Shock
- Seizures

Pre-requisites

- Candidates must be at least 16 years of age.

Assessment and Certification

- Assessment is ongoing by the tutor. A 3 year qualification approved by the Health and Safety Executive is issued to those who fulfil the criteria.
- It is strongly recommended that all students undergo an annual refresher programme of 3 hours to maintain skills and knowledge

For further information and course details contact:

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